



Social Service Resources

Domestic Violence Recovery

City of Chicago Domestic Violence Hotline - 24/7	877-863-6338
WINGS - 24/7	847-221-5680

Law and Legal Aid

North Suburban Legal Aid Clinic	847-737-4042
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LGBTQ+ Assistance

Gay & Transgender Hate Crime Hotline - 24/7	800-616-4283
LGBTQ+ National Help Center Hotline - 24/7	888-843-4564

Local Food and Housing Resources

Journeys - The Road Home Shelter	847-963-9163
Northwest Compass	847-392-2344
Wheeling Township	847-259-7730
Willow Creek Care Center	224-512-2600

Local Social Workers

Arlington Heights	James McCalister	847-368-5760
Buffalo Grove	Brittany Wilson	847-459-2560
Prospect Heights	Rebeca Rosario & Kazimierz Fiut	847-398-5511 ext. 117
Wheeling	Shari Matthews-Huizar	847-459-2606

Mental Health Recovery

NAMI (National Alliance on Mental Illness)	800-950-6264 24/7- Text NAMI to 741-741
National Suicide Prevention Lifeline - 24/7	Call or Text: 988
Veterans Crisis Lifeline - 24/7	988-1 Text: 838-255

Substance Use Recovery

SAMHSA's National Helpline - 24/7	800-662-4357 Text: 435-748
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