



Social Services Referral - Health and Wellness

The purpose of this document is to introduce you to the resources at Indian Trails Public Library, in your local community, and on the national level. This information can get you started or help you further your Health and Wellness goals. Below are the topics designated in alphabetical order. Please click on each topic to go to their page in the document.

Topics:

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For more information or additional assistance by staff, please contact us:

- Browse our website at itpld.org
- Use the Chat feature on itpld.org. Available during open hours.
- Call us at 847-459-4100 ext. 3 for Adult Services
- Email us at adult@itpld.org



Alcoholism

Relevant Topics and Call Numbers

- Alcoholism, General: 616.86
- Alcoholism, Alcoholics Anonymous: 362.292, 616.861
- Alcoholism, Family Relationships: 362.29
- Alcoholism, Psychological and Treatment: 362.29, 362.292, 613.81, 615.7828, 616.8527, 616.8606, 616.861

Local Alcoholics Anonymous Meeting Places and Times

Alcoholics Anonymous - 847-359-3311: Listed Meetings are marked Closed and limited to persons with a desire to stop drinking. For other meetings and times please call the number listed.

- Sundays at 7:30 PM:
St. Joseph Church Hall, 181 W Dundee Rd, Wheeling
- Mondays at 5:30 PM:
Grupo Nuevo Camino, 620 Wheeling Rd, Wheeling
- Tuesdays at 7:30 PM:
St. Alphonsus Liguori Catholic School, 411 N Wheeling Rd, Prospect Heights
- Wednesdays at 5:30 PM:
Grupo Nuevo Camino, 620 Wheeling Rd, Wheeling
- Thursdays at 9:00 AM:
Nuevo Camino, 620 Wheeling Road, Wheeling
- Thursdays at 7:30 PM:
Church of the Good Shepherd, 1111 N Elmhurst Rd, Prospect Heights
- Fridays at 7:30 PM:
Our Redeemer Lutheran Church, 304 W Palatine Rd Prospect Heights

Local Resources/Support Groups

- Adult Children of Alcoholics (ACA)
www.adultchildren.org
310-534-1815



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Arlington Heights - 1234 North Arlington Heights Road
Des Plaines - 1330 Webford

Palatine - 630 South Quentin

- Al-Anon or Alateen Family Groups
<http://www.al-anon.org/>
847-358-0338
Arlington Heights - 2525 North Arlington Heights Road
Arlington Heights - 880 West Central Road
Deerfield - 815 Wilmot Road
Mount Prospect - 100 South School Street
Vernon Hills - 595 North Deerpath Drive
- Alcoholics Anonymous
<http://www.aa.org/>
847-359-3311
- Alcoholics Anonymous
First Step House (Men)
<http://first-step-house.org/>
FSH1029@gmail.com
Des Plaines - 1029 Graceland Avenue
- Renz Addiction Counseling Services
<http://www.renzcenter.org/>
847-742-3545
Elgin - One American Way

National Resources/Hotlines

- National Institute on Alcohol Abuse and Alcoholism (NIAAA)
<http://www.niaaa.nih.gov/>
- Treatment Centers Directory
<http://www.treatmentcentersdirectory.com/>
800-838-1752



Autism

Relevant Topics and Call Numbers

- Autism, General: 616.8588, 616.85882
- Autism, Guides for Parents: 618.9285, PARENT 618.92
- Autism in Children, 618.9289
- Autism, Gluten-Free Cookbooks: 641.5638

Local and State Resources/Support Groups

- Afg Guidance Center
<https://afgfamily.com/>
101 Schelster Road, Suite A103
Lincolnshire IL 60069
847-853-0234
- Autism Home Support Services
<http://autismhomesupport.com/>
844-247-7222
Arlington Heights - 3385 North Arlington Heights Road, Suite K
Northbrook - 85 Revere Drive, Suite AA
- Avenues to Independence
<http://www.avenuestoindependence.org/>
847-292-0870
Park Ridge - Jane and Albert Wohlers Center - 515 Busse Highway
Wheeling - 444 Mercantile Court
- The Center for Enriched Living
<http://www.centerforenrichedliving.co/>
847-948-7001
Riverwoods - 280 Saunders Road
- Clearbrook
<http://www.clearbrook.org/>
847-870-7711
Arlington Heights - 1835 West Central Road
info@clearbrook.org



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- Glenkirk
<http://www.glenkirk.org/>
847-272-5111 ext 546
Northbrook - 3504 Commercial Avenue
- Have Dreams
<http://havedreams.org/>
Evanston: 847-685-0250
Park Ridge: 847-685-0250
Evanston - 2020 Dempster Street
Park Ridge - 515 Busse Highway, Suite 150
- Illinois Department of Human Services
Division of Rehabilitation Services
Arlington Heights DRS Office
<http://www.dhs.state.il.us/page.aspx?module=12&officetype=7>
(847) 758-3483
Arlington Heights - 715 West Algonquin Road, Suite A
- Illinois Guardianship and Advocacy Commission
<http://www.illinois.gov/sites/gac/Pages/default.aspx>
Statewide: 866-274-8023
Des Plaines: 847-294-4264
Des Plaines - 9511 Harrison Avenue W-335
- Little City Foundation
<http://www.littlecity.org/>
847-358-5510
Palatine - 1760 West Algonquin Road
- Shore Community Services
<http://www.shoreservices.org/>
847-982-2030
Skokie - 8350 Laramie Avenue
- Trinity Services, Inc.
<https://www.trinity-services.org/>
847-299-2200
Des Plaines - 2101 Oxford Road
Please note that this organization is located in New Lenox, IL but may provide services for families living in our library district.



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National Resources/Hotlines

- Autistic Self Advocacy Network (ASAN)
<http://autisticadvocacy.org/>
 - Autism Society of America
<http://www.autism-society.org/>
800-328-8476
 - Autism Research Institute
<http://www.autism.com/>
833-281-7165
 - National Autism Association
<http://nationalautismassociation.org/>
877-622-2884
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Cancer

Relevant Topics and Call Numbers

- Cancer, General (Nutrition/Prevention/Psychological Effects/Rehabilitation, etc.): 616.994
- Cancer, Cooking: 641.5631
- Cancer, Families: 248.8619, 616.994

Local Resources/Support Groups

- AMITA Alexian Brothers (Elk Grove Village)
847-437-5500
<https://www.amitahealth.org/>
Elk Grove Village - 800 Biesterfield Road
- AMITA Alexian Brothers (Hoffman Estates)
800-432-5005
<https://www.amitahealth.org/>
Hoffman Estates - 1650 Moon Lake Boulevard
- American Cancer Society
800-227-2345
<http://www.cancer.org/>
Chicago - 225 North Michigan Avenue, Suite 1200
- Cancer Wellness Center
847-509-9595
<http://cancerwellness.org/>
Northbrook - 215 Revere Drive
Park Ridge - Advocate Lutheran General Hospital Cancer Survivorship Center,
1999 Dempster Street
- Northwest Community Healthcare
847-618-1000
<http://www.nch.org/>
Arlington Heights - 800 West Central Road

National Resources/Hotlines

- American Cancer Society
800-227-2345
<http://www.cancer.org/>



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- American Lung Association
800-586-4872
<http://www.lung.org/>
 - Cancer Care
800-813-4673
<http://www.cancer.org/>
 - Leukemia and Lymphoma Society
888-557-7177
<http://www.lls.org/>
 - National Breast Cancer Foundation, Inc.
<http://www.nationalbreastcancer.org/>
 - National Cancer Institute
800-422-6237
<http://www.cancer.gov/>
 - National Comprehensive Cancer Network
215-690-0300
<http://www.nccn.org/patients/>
 - The National LGBT Cancer Network
212-675-2633
<http://www.cancer-network.org/>
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Covid-19: Mental Health Resources

Illinois

- Call4Calm: Text "Talk" or "Hablar" (for Spanish-speakers) to 552020 and get connected with a counselor within 24 hours.

National Organizations

- Anxiety and Depression Association of America (ADAA):
<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/covid-19-lockdown-guide-how-manage-anxiety-and>
- Centers for Disease Control (CDC):
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
- Mental Health America: <https://mhanational.org/covid19>
- National Alliance on Mental Illness (NAMI):
<https://www.nami.org/covid-19-guide>
- Mayo Clinic:
<https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/mental-health-covid-19/art-20482731>
- Suicide Prevention Resource Center :<http://www.sprc.org/covid19>

Mindfulness Resources:

- Child Mind Institute:
<https://childmind.org/article/how-mindfulness-can-help-during-covid-19/>
- Headspace: <https://www.headspace.com/covid-19>
- Care for Your Coronavirus Anxiety (A Project by Shine):
<https://www.virusanxiety.com/>
- Mayo Clinic Tips for Mindfulness:
<https://newsnetwork.mayoclinic.org/discussion/covid-19-tips-for-mindfulness-coping-with-anxiety/>



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- Ten Percent Happier: Coronavirus Sanity Guide
<https://www.tenpercent.com/coronavirussanityguide>

Parenting Tips and Childrens' Mental Health:

- CDC:
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>
 - World Health Organization:
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting>
 - UNICEF: <https://www.unicef.org/coronavirus/covid-19-parenting-tips>
 - Child Mind Institute:
<https://childmind.org/coping-during-covid-19-resources-for-parents/>
 - National Association of School Psychologists (NASP):
<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>
 - NAMI:
<https://www.nami.org/Blogs/NAMI-Blog/March-2020/How-to-Ease-Childrens-Anxiety-About-COVID-19>
 - The Village: <https://thevillage.org/covid-19-resources/>
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Domestic Violence/Sexual Assault

Relevant Topics and Call Numbers

- Domestic Abuse, General and Psychological: 362.8292, 362.83
- Domestic Abuse, Child Abuse: 362.76
- Domestic Violence, Law: 345.7302
- Sexual Assault, Healing/Survivors: 362.8292, 362.82924, 362.883, 616.8583
- Sexual Assault, Law and Legislation: 345.7302

Local Resources/Support Groups

- Adults with Disabilities Domestic Abuse Program
Illinois Department of Human Services – Inspector General
<https://www.dhs.state.il.us/page.aspx?item=30275>
800-368-1463
877-863-6338 (Voice)
877-863-6339 (TTY)
- Afg Guidance Center
<https://afgfamily.com/>
101 Schelster Road, Suite A103
Lincolnshire IL 60069
847-853-0234
- Apna Ghar Shelter for South Asian Battered Women
<http://www.apnaghar.org/>
Chicago: 773-883-4663
Skokie: 847-983-4099
Toll free crisis line: 800-717-0757
Chicago - 4350 North Broadway, 2nd floor
- Between Friends
<http://www.betweenfriendschicago.org/>
773-274-5232
Toll free crisis line: 800-603-4357
Spanish: 773-274-5232 ext. 12
- Children's Advocacy Center of North/Northwest Cook County
<http://www.cachelps.org/>
847-885-0100
Hoffman Estates - 640 Illinois Boulevard



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- Chicago Department of Human Services Hotline
311
- City of Chicago Domestic Violence Hotline
877-863-6338
- Chicago Rape Crisis Hotline
888-293-2080
- The Illinois Coalition Against Domestic Violence
<http://www.ilcadv.org/>
Hotline: 877-863-6338
217-789-2830
Springfield - 806 South College Street
- Illinois Coalition Against Sexual Assault
<http://www.icasa.org/>
217-753-4117
Springfield - 100 North 16th Street
- Latino Family Services
[https://localwiki.org/arlington-heights/Latino Family Services, P.C.](https://localwiki.org/arlington-heights/Latino_Family_Services,_P.C.)
847-593-7077
Arlington Heights - 657 East Golf Road
- Life Span (24-Hour Support Line)
<https://life-span.org/domestic-violence-legal-services/>
847-824-0382
Des Plaines - 701 Lee Street #700
- Mary Lou's Place (formerly: Evanston Shelter for Battered Women (YMCA))
<https://www.ywca-ens.org/domestic-violence-program/shelter-and-longer-term-housing/>
847-864-8780
877-718-1868 (toll free)
- North Suburban Legal Aid Clinic
Specialize in immigration, domestic violence, and housing
<https://nslegalaid.org/>
847-737-4042
Highland Park - 491 Laurel Avenue



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- Northwest Center Against Sexual Assault
<http://www.nwcasa.org/>
847-806-6526
24-Hour Confidential Hotline: 888-802-8890
Arlington Heights - 415 West Golf Road, Suite 47
- Mujeres Latinas en Accion
<http://www.mujereslatinasenaccion.org/>
773-890-7676
Domestic violence crisis hotline: 312-738-5358
Rape crisis hotline: 888-293-2080
Chicago - 2124 West 21st Place
North Riverside - 7222 West Cermak Road, 509
South Chicago - 3050 East 92nd Street
- Resilience (formerly Rape Victim Advocates (RVA))
<http://www.rapevictimadvocates.org/>
312-443-9603
Chicago - 180 North Michigan Avenue, #600
- Safe Place
<http://www.asafeplaceforhelp.org/>
847-731-7165
Hotline: 847-249-4450
Hotline: 800-600-7233
Zion - 2710 17th Street
- Salvation Army
Des Plaines Corps Community Center
<http://www.salarmydesplaines.org/>
847-981-9111
Des Plaines - 609 West Dempster Street
- WINGS (Women In Need Growing Stronger)
<http://wingsprogram.com/>
847-519-7828
Hotline: 847-221-5680



National Resources/Hotlines

- National Clearinghouse for The Defense of Battered Women
<http://www.ncdbw.org/>
800-903-0111 ext. 3
 - National Coalition Against Domestic Violence
<http://www.ncadv.org/>
303-839-1852
 - National Domestic Violence Hotline
800-799-7233
 - National Organization for Victim Assistance
<https://www.trynova.org/>
703-535-6682
Hotline: 800-879-6682
 - Rape, Abuse & Incest National Network (RAINN)
<https://rainn.org/>
202-544-1034
Hotline: 800-656-4673
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Eating Disorders

Relevant Topics and Call Numbers

- Eating Disorders, General: 616.8526
- Anorexia Nervosa: 616.85262
- Bulimia: 616.8526
- Compulsive Eating: 616.8526, 613.25
- Appetite Disorders: 613.25

Local Resources/Support Groups

- The Awakening Center
<http://www.awakeningcenter.net/>
<https://www.facebook.com/TheAwakeningCenter/>
773-929-6262
Chicago - 3523 North Lincoln Avenue
- Lakeview Center for Psychotherapy
<https://www.lakeviewtherapy.com/>
773-525-3322
Chicago - 3322 North Ashland Avenue

National Resources/Hotlines

- Eating Disorders Anonymous
www.eatingdisordersanonymous.org
- Dial Help Community Support & Outreach Center
www.dialhelp.org
Hotline: 800-562-7622
Hotline: 906-482-4357
- National Eating Disorder Association
www.nationaleatingdisorders.org
Hotline: 800-931-2237
- Bulimia.com
www.bulimia.com



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- NAMI (National Alliance on Mental Illness)
<https://www.nami.org/>
703-524-7600
Hotline: 800-950-6264
 - Overeaters Anonymous
www.aa.org
505-891-2664
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Grief/Bereavement

Relevant Topics and Call Numbers

- Logistics: 306.9
- Bereavement: 155.937; 155.93
- Grief: 306.883; 204.36; 823.914
- Consolation: 808:0669; 081; 133.1097; 248.86

Local and State Resources/Support Groups

- Willow House
847-236-9300
<http://www.willowhouse.org/>
Bannockburn - 2231 Lakeside Drive
Offers a group for children ages 3-18 who are grieving the death of a mom, dad, brother or sister, adult groups for the young widowed, and groups for those who are grieving the death of a child.
Childcare for children younger than 3 years of age is available.
- Northwest Community Healthcare
847-618-1000
<http://www.nch.org/patients-visitors/support-groups-therapy/dealing-with-grief>
Arlington Heights - 800 West Central Road
Support groups include Begin Again (for widows and widowers), Compassionate Friends (self-help organization for bereaved parents), L.O.S.S. (for survivors of suicide), Northwest Suburban Pregnancy Loss Support Group, and the State's Attorney Support Group (families of victims of murder, reckless homicide and hit and run).
- Jewish Child and Family Services
855-275-5237
<http://www.jcfs.org/our-services/jewish-community-programs/illness-loss-grief>
Buffalo Grove - 135 North Arlington Heights Road
Northbrook - 255 Revere Drive
Skokie - 5150 West Golf Road



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- Association for Death Education and Counseling
847-509-0403
<https://www.adec.org/>
Deerfield - 111 Deer Lake Road #100
- Midwest Palliative & Hospice Center
847-467-7423
24-hour line: 224-770-2489
<http://journeycare.org/>
Glenview - 2050 Claire Court
Offers support groups for adults and children as well as a CareCenter for kids.
- Heartland Hospice Services
866-216-5708
www.heartlandhospice.com
Prospect Heights - 600 North Milwaukee Avenue
- JourneyCare
224-770-2273 (General Information)
224-770-2489 (24/7)
<http://journeycare.org/grief-support/>
Arlington Heights - 800 West Central Road
- Catholic Charities Family Service Center
312-655-7283
Hotline: 877-767-7781
<http://www.catholiccharities.net/GetHelp/OurServices/Counseling/Loss.aspx>
Des Plaines - 1717 Rand Road
Provides information and referral, counseling, in-home case management, public benefit screening and the L.O.S.S. program (loving outreach to suicide survivors).
- Northshore University Health System Home and Hospice Services - Skokie
847-475-3002
www.northshore.org/hospice/
Skokie - 4901 Searle Parkway
- Rainbow Hospice, Inc.
847-685-9900
<http://www.rainbowhospice.org/>



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<https://rainbowhospice.org/grief-loss/>

Mount Prospect - 1550 Bishop Court

Bereavement services include: support groups, counseling, and correspondence programs.

- Northwestern Lake Forest Hospital
847-234-5600
<http://www.lfh.org/>
Lake Forest - 100 North Westmoreland Road
Provides Resolve Through Sharing Bereavement Services, a Life After Stroke Support Groups, and an Alzheimer's Support Group.

National Resources/Hotlines

- KARA
650-321-5272
<http://www.kara-grief.org/>
- Eluna Network
http://www.moyerfoundation.org/nbrg/pdf/BereavementResourceGuide_Illinois.pdf
- HelpGuide.org
<http://www.helpguide.org/articles/grief-loss/coping-with-grief-and-loss.htm>
- Mental Health America
703-684-7722
<http://www.mentalhealthamerica.net/conditions/coping-loss-bereavement-and-grief>
- American Psychological Association
800-374-2721
<http://www.apa.org/helpcenter/grief.aspx>
- National Alliance on Mental Illness
800-950-6264
<http://www.nami.org/>
- YourLifeYourVoice
<http://www.yourlifeyourvoice.org/Pages/home.aspx>



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- Center for Grief Recovery – Institute for Creativity
773-274-4600
<http://www.griefcounselor.org/>
 - Open to Hope
<http://www.opentohope.com/>
 - National Widowers Organization
<http://nationalwidowers.org/>
800-309-3658
 - Soaring Spirits International: Widowed Village
<http://widowedvillage.org/>
 - 7 Cups of Tea [Compassionate Listeners]
<https://www.7cups.com/member/>
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Healthcare

Relevant Topics and Call Numbers

- Healthcare, Health Insurance, Medical Policy: 368.382, 362.1042, 362.1, 344.7302

Local and State Resources/Support Groups for Low-Income Families

- Access to Care
<http://www.accesstocare.org/>
708-531-0680
Westchester - 2225 Enterprise Drive, Suite 2507
- CJE SeniorLife (for individuals ages 60 and older)
773-508-1000
<https://www.cje.net/>
Chicago - 3003 West Touhy Avenue
- Community Health
<http://www.communityhealth.org/>
773-395-9900
Chicago - 2611 West Chicago Avenue
- Concentra Urgent Care
847-419-6974
Wheeling - 544 West Dundee Road
- Access Genesis Center
847-298-3150
Des Plaines - 1 North Broadway Street
- Harper College Dental Clinic
<https://www.harpercollege.edu/academics/health/dental/dentalclinic.php>
847-925-6534
Palatine - 1200 West Algonquin Road
- Journeys from Pads to Hope
<https://www.journeystheroadhome.org/>
847-963-9163
Palatine - 1140 East Northwest Highway



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- NCH Easy Access
<https://business.arlingtonhcc.com/list/member/northwest-community-hospital-30>
847-725-8620
Palatine - 423 East Dundee Road
- NCH Mobile Dental Clinic
<https://www.nch.org/about-nch/community-services/community-outreach/access-to-oral-care>
Wheeling Township
847-259-7730
- New Life Free Health Clinic
<http://www.nlvs.org/clinic/>
773-275-8630
Chicago - 2645 West Peterson Avenue
- North Shore Health Center
General: 847-377-8800
Appointments: 219-763-8112
Highland Park - 1840 Green Bay Road
- Omni Youth Services
<https://www.omniyouth.org/>
847-353-1500
Buffalo Grove - 1111 West Lake Cook Road
Wheeling - 210 North Wolf Road
- Partners for Our Communities
<https://www.poc.news/>
847-776-9500
Palatine - 1585 North Rand Road

National Resources/Hotlines

- Healthcare.gov
www.healthcare.gov
- The Health Insurance Marketplace
<https://www.healthcare.gov/get-coverage/>



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- Illinois.gov - Health & Safety
<https://www2.illinois.gov/residents/health-safety>
 - MedlinePlus
<https://medlineplus.gov/>
 - U.S. Department of Health and Human Services
www.hhs.gov/healthcare
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Mental Health

Relevant Topics and Call Numbers

- Mental Health: 616.89
- Depression: 616.8527; 616.0472; 616.895
- Anxiety: 152.46; 158.128; 158.2; 616.8522; 616.8527
- Eating Disorders: 616.8526
- Mental and Substance Abuse: 616.86
- Mood: 616.8527; 616.895

Local and State Resources/Support Groups

- Afg Guidance Center
<https://afgfamily.com/>
101 Schelter Road, Suite A103
Lincolnshire IL 60069
847-853-0234
- Anxiety Treatment Center of Chicago
(877) 559-0001
<https://anxietytreatmentcenter.com/>
Chicago - 656 West Randolph Street, #4w
Deerfield - 707 Lake Cook Road, Suite 310
- Barrington Youth and Family Services
847-381-0345
www.barringtonbyfs.org/
Barrington - 110 South Hager Avenue #103
- Catholic Charities, Options Counseling
847-546-5733
312-655-7700
www.catholiccharities.net/
Round Lake - 116 North Lincoln Avenue
- Chicago Counseling Center
773-932-9597
<https://chicagocounselingcenter.com/>
Chicago - 6160 North Cicero Avenue #630



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- Community Crisis Center
Crisis Line: 847-697-2380 (24-Hour)
847-697-9740 (Spanish)
Business Line: 847-742-4088
<http://www.crisiscenter.org/>
Elgin - P.O. Box 1390, 60121
- DBSA (Depression Bipolar Support Alliance) Arlington Heights
847-495-2574
<http://www.arlingtonheightsdepressionbipolarsupport.com/>
- Family Behavioral Health Clinic
847-390-3004
<http://www.familybehavioralhealthclinic.com/>
Des Plaines - 1455 East Golf Road Suite 105
- Northwest Community Hospital
847-618-4100
<http://www.nch.org/>
Services: Provide adolescents between ages of 12-18 who have lost a friend or family member to suicide
Arlington Heights - 800 West Central Road
- AMITA Alexian Brothers Health
855-692-6482
<http://www.alexianbrothershealth.org/>
Services: Post partum depression and mood disorders support and therapy; support group for pregnant women struggling with mood disorders.
Arlington Heights - 3436 North Kennicott Avenue
- NAMI (National Alliance on Mental Illness)
847-496-1415
<http://namiba.org/>
Services: Barrington Area Affiliate offers the 12 week Family To Family Program in the Northwest Suburbs throughout the year.
Barrington - P.O. Box 474, 60011
- Mental Health America of the North Shore
847-866-5941
<http://www.mhans.org/>



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Services: To educate about mental health and social emotional wellness and to advocate for individuals and families affected by mental and emotional disorders.

Evanston - 2100 Ridge Avenue, Suite G204

- The Josselyn Center
847-441-5600
<http://www.josselyn.org/>
Northfield - 405 Central Avenue
- Turning Point
847-933-0051
<http://tpoint.org/>
Skokie - 8324 Skokie Boulevard
- Jewish Child & Family Services
855-ASK-JCFS (855-275-5237)
<http://www.jcfs.org/our-services/counseling-psychological-services>
Buffalo Grove - 135 North Arlington Heights Road, Suite 104

National Resources/Hotlines

- National Suicide Prevention Lifeline
800-273-8255
- SASS (Screening, Assessment and Support Services)
CARES (Crisis And Referral Entry Service)
1-800-345-9049
<http://www.illinois.gov/hfs/MedicalProviders/behavioral/sass/Pages/sasshome.aspx>
Used to report a mental health crisis for a student. The CARES line will take a phone assessment and determine if a SASS visit is appropriate.
- SAFE Alternatives Information Line
1-800-366-8288 (800-DONTCUT)
<http://selfinjury.com/>
- Your Life Your Voice
1-800-448-3000



Social Services Referral - Health and Wellness

- Mental Health Support
703-684-7722
<http://www.mentalhealthamerica.net/>
 - National Alliance on Mental Illness
800-950-6264
<http://www.nami.org/>
 - Mental Health.gov
<http://www.mentalhealth.gov/>
 - 7 Cups of Tea [Compassionate Listeners]
<https://www.7cups.com/member/>
-



Retirement/Senior Services

Relevant Topics and Call Numbers

- Medical Care: 344.7302, 362.1, 368.382
- Nursing Homes: 362.1606
- Retirement, General/Planning: 306.38, 306.3809, 332.024, 332.02401, 343.7305, 646.79
- Retirement, Destinations: 332.024, 646.79
- Retirement, Finances/Investing: 332.024, 332.02401, 368.43
- Social Security: 368.4

Local Resources/Support Groups

General:

- Age Options (Counseling/Senior Employment Service)
708-383-0258
800-699-9043
<http://www.ageoptions.org/>
Oak Park - 1048 Lake Street #300
- Caring.com
800-973-1540
<https://www.caring.com>
- Catholic Charities, Northwest Senior Services
312-655-7700
<http://www.catholiccharities.net>
Arlington Heights - 1901 West Central Road
- Catholic Charities, Lake County Senior Services
(847) 546-5733
infoclcass@catholiccharities.net
Round Lake - 116 N Lincoln Ave
www.catholiccharities.net
- CJE SeniorLife
773-508-1000
<https://www.cje.net/>
Skokie - 9700 Gross Point Road



Social Services Referral - Health and Wellness

- Eldercare Locator
800-677-1116
<https://eldercare.acl.gov/Public/Index.aspx>
- Illinois Attorney General: Advocating for Older Citizens
Senior Citizens Consumer Fraud Hotline: 1-800-243-5377 or 1-800-964-3013 (TTY).
24-hour Illinois Elder Abuse Hotline: 1-866-800-1409 or 1-888-206-1327 (TTY).
Department of Public Health Long-Term Care Abuse Hotline: 1-800-252-4343 or 1-800-547-0466 (TTY)
<http://www.illinoisattorneygeneral.gov/seniors/>
Chicago - 100 West Randolph Street
- Northwest Copernicus Senior Regional Center
312-744-6681
http://www.cityofchicago.org/city/en/depts/fss/provdrs/senior/svcs/regional_senior_centers.html
Chicago - 3160 North Milwaukee Avenue
- Senior Help Line
800-252-8966
- Senior Services
Village of Wheeling, Senior Services Division
847-459-2606
<http://wheelingil.gov/149/Human-Services>
Wheeling - 1 Community Boulevard
- Wheeling Pavilion Senior Center
847-459-2606
<http://wheelingil.gov/149/Human-Services>
Wheeling - 1 Community Boulevard
- Wheeling Township Senior Services
847-259-7730
<http://www.wheelingtowship.com/Services>
Arlington Heights - 1616 North Arlington Heights Road



Social Services Referral - Health and Wellness

Daycare/Day Programs:

- Advocate Older Adult Services
847-723-2210
<https://www.advocatehealth.com/luth/health-services/senior-services/older-adult-services/>
Des Plaines - 9375 West Church Street
- CJE Seniorlife
Adult Day Program
773-508-1000
<http://www.cje.net/>
Evanston - 1015 Howard Street
- House of Welcome
847-242-6250
<http://houseofwelcome.nssc.org/>
Northfield - 1779 Winnetka Avenue
- Lutheran Home - Cherished Place Adult Day Club
Adult Daycare
847-368-7526 (Arlington Heights)
<https://www.lutheranhome.org/adult-daycare>
Arlington Heights - 800 West Oakton Street
- Regency Senior Daycare
847-588-2000
<https://www.agingcare.com/local/regency-senior-day-care-center-niles-adult-day-care-il>
Niles - 6625 North Milwaukee

Food Delivery:

- Meals on Wheels
Wheeling Township
847-259-7730
<http://www.wheelingtowship.com/Services>
- Catholic Charities, Meals on Wheels
847-546-5733
www.catholiccharities.net/miscustompages/dafwidget.html/Events/ProgramEvents/MealsonWheels.aspx



Social Services Referral - Health and Wellness

- Catholic Charities, Dine Around Lake County
847-782-4000
www.catholiccharities.net
671 S Lewis Ave
Waukegan, IL 60085

Health Insurance/Medical:

- AMITA Alexian Brothers Medical Center
847-437-5500
<https://www.amitahealth.org/our-locations/hospitals/amita-health-alexian-br others-medical-center-elk-grove-village/>
Elk Grove Village - 800 Biesterfield Road
- American Disabled, Inc.
773-774-7300
<http://www.physicianhomevisits.com/>
Chicago - 5962 North Elston Avenue
- Get Covered Illinois
866-445-5364 (toll free)
217-782-4515 (consumer line)
800-318-2596
<https://getcovered.illinois.gov/en>
Chicago - 122 South Michigan Avenue, 19th Floor
- Senior Health Insurance Program (SHIP)
800-252-8966
<https://www2.illinois.gov/aging/ship/pages/default.aspx>

Housing Resources for Seniors:

- Center of Concern (Home Visits to Seniors)
847-823-0453
<http://www.centerofconcern.org/>
Des Plaines - 1665 Elk Boulevard
- Council for Jewish Elderly
773-508-1000
<http://www.cje.net/>
Chicago - 3003 West Touhy Avenue



Social Services Referral - Health and Wellness

- Frances Manor
877-345-1714
<https://www.catholiccharities.net/AboutUs/ServiceAreas/HousingServices.asp>
X
Des Plaines - 1270 East Golf Road
- Weinberg Community for Senior Living
847-374-0500
<http://www.cje.net/weinberg-community-senior-living>
Deerfield - 1551 Lake Cook Road
- Henrich House
312-542-4698
<http://thehacc.org/location/henrich-house/>
Des Plaines - 1301 Ashland Avenue
- Housing Authority of Cook County
312-663-5447
<http://thehacc.org/>
Chicago - 175 Jackson Boulevard #350
- Rebuilding Together
800-473-4229
<http://rebuildingtogether.org/>
Glenview - P.O. Box 626
- SAFER Buffalo Grove Triad
(847) 459-2560
SAFERTriad@gmail.com
www.SAFERBG.com
Buffalo Grove - 46 Raupp Blvd
- Resources for Community Living
847-701-1554
<http://www.rescoliv.org/>
Rolling Meadows - 4300 Lincoln Avenue, Suite K
- Silver Connection
847-303-9602
<http://www.asilverconnection.com/>
Rolling Meadows - 2411 South Street



Social Services Referral - Health and Wellness

Nursing Homes/Retirement Communities

- Nursing Home Hotline
800-252-4343
<http://dph.illinois.gov/topics-services/health-care-regulation/nursing-homes>
- Addolorata Villa
847-537-2900
<https://www.franciscanministries.org/addolorata-villa/>
Wheeling - 555 McHenry Road
- Bella Terra Wheeling
847-537-7474
<http://www.bellaterrawheeling.com/>
Wheeling - 730 West Hintz Road
- Belmont Village
847-537-5000
<http://www.belmontvillage.com/>
Buffalo Grove - 500 McHenry Road
Glenview - 2200 Golf Road
- Symphony of Buffalo Grove
847-465-0200
<http://www.symphonybuffalogrove.com/>
Buffalo Grove - 150 Weiland Road
- Brookdale Prospect Heights
847-440-3768
<http://www.brookdale.com/communities/emeritus-prospect-heights/>
Prospect Heights - 700 East Euclid Avenue
- Greek American Rehabilitation Care Centre
847-457-8700
<http://www.greekamericancare.org/>
Wheeling - 220 1st Street
- Harbor House Memory Care
847-465-1100
<https://www.alzheimers.net/resources/illinois/wheeling/harbor-house-wheeling/>
Wheeling - 760 McHenry Road



Social Services Referral - Health and Wellness

- Illinois Citizens for Better Care
312-663-5120
<http://www.illinoiscares.org/>
Chicago - One North LaSalle, Suite 1275
- Lee Manor
847-635-4000
<http://leemanor.com/>
Des Plaines - 1301 Lee Street
- Manorcare at Arlington Heights
Oakton Pavilion
847-392-2020
<http://www.heartland-manorcare.com/ARLINGTONHEIGHTS>
Arlington Heights - 715 West Central Road
- Ombudsman Program
888-401-8200
<https://www.illinois.gov/aging/ProtectionAdvocacy/LTCOmbudsman/Pages/default.aspx>
- Sedgebrook Retirement Community
847-865-8811
<http://www.welcometosedgebrook.com/>
Lincolnshire - 800 Audubon Way
- Sunrise of Buffalo Grove
Pricing and Availability: 224-563-1751
Friends and Family: 847-478-8484
<http://www.sunriseseniorliving.com/communities/sunrise-of-buffalo-grove/overview.aspx>
Buffalo Grove - 180 West Half Day Road

Transportation:

- Catholic Charities, Lake County Transportation
847-740-6734
www.catholiccharities.net
116 N Lincoln Ave
Round Lake, IL 60073



Social Services Referral - Health and Wellness

- Escorted Transportation
847-222-9227
<http://www.etsnw.org/>
Arlington Heights - 1801 West Central Road
- PACE Bus
800-606-1282
<http://www.pacebus.com/>
- Temporary Handicapped Parking Placards
847-259-7730
<http://www.wheelingtownship.com/Services>
- Wheeling Township Senior/Disabled Bus
847-259-7743
<http://www.wheelingtownship.com/Services>

National Resources/Hotlines

- AARP
1-888-687-2277
<http://www.aarp.org/>
- Health Insurance Marketplace
1-800-318-2596
<https://www.healthcare.gov/>
- Social Security Administration
800-772-1213
<http://www.ssa.gov/>



Social Services Referral - Health and Wellness

Sexual Education

Relevant Topics and Call Numbers

- Sex Instruction: 613.9071; 613.96; HS 306.7083
- Women: 618.1

Local Resources/Support Groups

- AMITA Alexian Brothers Hospital
800 Biesterfield Road
Elk Grove Village, IL 60007
847-437-5500
<https://www.amitahealth.org/our-locations/hospitals/amita-health-alexian-br others-medical-center-elk-grove-village/>
- Illinois Abortion Clinics
866-569-5100
<http://illinoisabortion.com/>
Services: Abortion services, birth control, STD testing, family practice and more

National Resources/Hotlines

- The SexEd Library
<http://www.sexedlibrary.org/>
- Advocates for Youth
<http://www.advocatesforyouth.org/sex-education-home>
- Scarleteen: Sex Ed for the Real World
<http://www.scarleteen.com/>
- The American Congress of Obstetricians and Gynecologists: Find and OB/GYN
<http://www.acog.org/About-ACOG/Find-an-Ob-Gyn>
- Sexuality Information and Education Council of the United States
<http://siecus.org/>
- Planned Parenthood
<http://www.plannedparenthood.org/>



Sexual Orientation & Gender Identity

Relevant Topics and Call Numbers

- Sexual Orientation (GLBTQ), Coming Out: HS/AD 306.766, 306.765, 306.768

Local and State Resources/Support Groups

- Center on Halsted
<http://www.centeronhalsted.org/>
773-472-6469
Chicago - 3656 North Halsted Street
- Howard Brown Health Center
<http://howardbrown.org/>
773-388-1600
Chicago - 6500 North Clark Street
Chicago - 4009 North Broadway
Chicago - 3533 West North Avenue
- National Youth Pride Services
<https://nationalyouthpride.wordpress.com/>
773-977-8051
- Chicagoland LGBTQ Directory Services
<http://chicagolgbtserives.org/>
- Parents, Families and Friends of Lesbians and Gays (PFLAG) - Chicago
<https://www.pflagillinois.org/>
1-630-415-0622
Deerfield - 1201 Lake Cook Road
Winnetka - 1255 Willow Road

National Resources/Hotlines

- Hate Crime Hotline
1-800-616-4283
- Trevor Project
<http://www.thetrevorproject.org/>
866-488-7386



Social Services Referral - Health and Wellness

- GLBT National Help Center
<http://www.glnh.org/>
1-888-843-4564
 - Gay, Lesbian, Bisexual and Transgender Helpline
1-888-843-4564
 - Parents, Families and Friends of Lesbians and Gays (PFLAG)
www.pflag.org
202-467-8180
 - National Youth Advocacy Coalition (NYAC)
The only national organization focused solely on improving the lives of lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth through advocacy, education, and information.
www.nyacyouth.org
 - Befriends Worldwide
<http://www.befrienders.org/about-sexual-orientation>
 - Planned Parenthood
<http://www.plannedparenthood.org/learn/sexual-orientation-gender>
 - KidsHealth
http://kidshealth.org/parent/emotions/feelings/sexual_orientation.html#
 - The Asexual Agenda
<https://asexualagenda.wordpress.com/>
 - Asexual Archive
<http://www.asexualityarchive.com/>
 - Asexual Visibility and Education Network
<http://www.asexuality.org/en/>
-



Social Services Referral - Health and Wellness

Substance Abuse

Relevant Topics and Call Numbers

- Substance Abuse
 - Interventions: 616.8606
 - Treatment: 616.86; 616.8603; 362.29; 616.8584; 616.89

Local and State Resources/Support Groups

- Alexian Brothers Behavioral Health
800-432-5005
24/7 counselor 855-383-2224
Hoffman Estates - 1650 Moon Lake Boulevard
<https://www.amitahealth.org/our-locations/hospitals/amita-health-alexian-brthers-behavioral-health-hospital-hoffman-estates/>
Provides both inpatient and outpatient care for mental health problems, substance abuse or eating disorders
- AMITA Holy Family Medical Center
847-297-1800
24-Hour Hotline 847-298-9355
Des Plaines - 100 North River Road
<http://www.presencehealth.org/presence-holy-family-medical-center-des-plaines-adult-addiction-services>
Provides a treatment program for adults 18+ with alcohol and other drug abuse problems.
- Family Behavioral Health Clinic
847-390-3004
Des Plaines - 1455 East Golf Road
<http://www.familybehavioralhealthclinic.com/>
- Haymarket Center
312-226-7984
Chicago - 932 West Washington Boulevard
<http://www.hcenter.org/>
- Renz Addiction Counseling Services
847-742-3545
Streamwood - 1535 Burgundy Parkway
Elgin - Two American Way
<http://www.renzcenter.org/>



Social Services Referral - Health and Wellness

Residential Substance Abuse Facilities

- Gateway Foundation
Youth Residential Substance Abuse Program
877-381-6538
Chicago - 1706 North Kedzie Avenue
Aurora - 400 Mercy Lane
<http://recovergateway.org/>
- Rosecrance
Residential Treatment Program
888-928-5278
Northbrook - 3000 Dundee Road
Des Plaines - 701 Lee Street
Mental Health Services: 815-391-1000
<http://www.rosecrance.org/substance-abuse/adult-services/>
- Northwest Community Hospital
Adult Residential Addictions Center
844-711-5106
815-391-1000
Arlington Heights - 901 West Kirchhoff Road
<https://www.nch.org/treatment-care/behavioral-health-services/adult-residential-addictions-center>
- Maryville Academy
Residential Treatment Program
847-294-1999
Des Plaines - 1150 North River Road
<http://www.maryvilleacademy.org/>
- Alexian Brothers Behavioral Health
800-432-5005
24/7 counselor 855-383-2224
Hoffman Estates - 1650 Moon Lake Boulevard
<https://www.amitahealth.org/our-locations/hospitals/amita-health-alexian-brthers-behavioral-health-hospital-hoffman-estates/>
Free Evaluation, Outpatient and inpatient services for alcohol and detox.



Social Services Referral - Health and Wellness

Intensive Outpatient Programs

- Alexian Brothers Behavioral Health
Adolescent Intensive Outpatient Program
855-383-2224
Hoffman Estates - 1650 Moon Lake Boulevard
<https://www.amitahealth.org/services/behavioral-medicine-institute/conditions-treated/child-and-adolescent-partial-hospitalization>
- NorthShore University Healthcare
Adult Outpatient Program
847-570-2500 ext 2
Evanston - Evanston Hospital, 2650 Ridge Avenue
<http://www.northshore.org/psychiatry-behavioral-sciences/clinical-services/adult-intensive-outpatient-program/>
- Northwest Community Hospital
Adolescent Services, Outpatient Intensive Program
847-432-5464
Arlington Heights - 901 West Kirchhoff Road
<http://www.nch.org/treatment-care/behavioral-health-services/adolescent-services>
- F.A.I.R, Families and Adolescents in Recovery, Inc.
Intensive Outpatient Program (IOP)
847-359-5192
Schaumburg - 2010 East Algonquin Road, Suite 206
<http://faircounseling.com/>
- Rosecrance Griffin Williamson Campus
Adolescent Inpatient and Outpatient Services
844-711-5106
815-391-1000
Rockford - 1601 North University Drive
<http://www.rosecrance.org/substance-abuse/adolescent-services/>
- Peer Services, Inc
Adolescent Intensive Outpatient Program
Glenview: 847-657-7337 - ask for Adolescent Services
Evanston: 847-492-1778 - ask for Adolescent Services
Glenview - 3633 West Lake Avenue



Social Services Referral - Health and Wellness

Evanston - 906 Davis Street
<http://peerservices.org/>

National Resources/Hotlines

- Chicagoland Region of Narcotics Anonymous
708-848-4884
<http://www.chicagona.org/>
- Department of Human Services - Treatment Resources
<http://www.dhs.state.il.us/page.aspx?item=33610>
- Substance Abuse and Mental Health Services Administration
<http://www.samhsa.gov/>
- Treatment Centers Directory
844-559-7594
<http://www.treatmentcentersdirectory.com/>
- Cocaine Anonymous (CA)
310-559-5833
<http://www.ca.org/>
- Crystal Meth Anonymous (CMA)
312-600-5590
Help Line: 855-638-4373
www.crystalmeth.org
- Narcotics Anonymous (NA)
708-848-4884
www.na.org
- Pills Anonymous (PA)
www.pillsanonymous.com



Suicide Support

Relevant Topics and Call Numbers

- Suicide - Mental Health: 616.89
- Suicidal Behavior: 362.28
- Suicide Survivor: 155.937

Survivor Support

- LOSS - Loving Outreach to Survivors of Suicide
Chicago - 721 North LaSalle Street
<http://www.catholiccharities.net/GetHelp/OurServices/Counseling/Loss.aspx>
312-655-7283
- Parents of Suicides (POS) - Friends and Families of Suicides (FFOS)
<http://www.pos-ffos.com/>
<http://www.pos-ffos.com/resources/list.htm>
<https://groups.yahoo.com/neo/groups/parentsofSuicides/info>
<https://groups.yahoo.com/neo/groups/FFofSuicides/info>
- Support After Suicide
<http://www.supportaftersuicide.org.au/what-to-do/information-for-friends-and-family>
- The Compassionate Friends
Oak Brook - 1000 Jorie Boulevard, Suite 140
<https://www.compassionatefriends.org/>
- Survivors of Suicide
<http://www.survivorsofsuicide.com/index.html>
- American Foundation for Suicide Prevention
<http://www.afsp.org/>
 - I've Lost Someone
<https://afsp.org/find-support/ive-lost-someone/>
- Yellow Ribbon Suicide Prevention
<http://yellowribbon.org/>
800-273-8255
Text: 741741



Social Services Referral - Health and Wellness

- American Association of Suicidology
 - Attempt Survivors
<http://www.suicidology.org/suicide-survivors/suicide-attempt-survivors>
 - Loss Survivors
<http://www.suicidology.org/suicide-survivors/suicide-loss-survivors>
- Suicide Awareness, Voices of Education [SAVE]
<http://www.save.org/>
<http://www.save.org/what-we-do/grief-support/>
952-946-7998
- National Institute of Mental Health
<http://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml>
- 7 Cups of Tea [Compassionate Listeners]
<http://www.7cups.com/>

If You Or a Loved One Is Considering Suicide:

- Suicide Hotline
1-800-784-8433
- National Suicide Prevention Lifeline
<http://www.suicidepreventionlifeline.org/>
1-800-273-8255
- National Hopeline
<https://www.imalive.org/>
1-800-784-2433
- TheHopeLine
<http://www.thehopeline.com/>
- Suicide.org
<http://www.suicide.org/index.html>
1-800-784-2433
- Trevor Project [LGBTQ Support]
<http://www.thetrevorproject.org/>



Social Services Referral - Health and Wellness

1-866-488-7386

- SAFE Alternatives Information Line
<http://selfinjury.com/>
1-800-366-8288
 - National Alliance on Mental Illness
<http://www.nami.org/>
1-800-950-6264
 - Suicide Prevention Resource Center
<http://www.sprc.org/>
 - YourLifeYourVoice
<http://www.yourlifeyourvoice.org/Pages/home.aspx>
 - HelpGuide.org
<http://www.helpguide.org/home-pages/suicide-prevention.htm>
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Teen Pregnancy

Relevant Topics and Call Numbers

- Pregnancy, General: 618.2
- Pregnancy, Nutrition: 618.2, 618.24, 618.242, 618.178, 641.5631
- Pregnancy, Psychological Effects: 618.2, 618.4,
- Pregnancy, Abortion: 306.8743, 363.46
- Pregnancy, Unplanned: 306.8743, 363.46
- Teen Pregnancy, High School and Adult Nonfiction: HS 618, HS 618.2008, 306.70835, 306.8743, 362.74
- Teen Pregnancy, Juvenile Nonfiction: J306.874, J612.6, J613.955,
- Adoption, General: 362.734, 362.76

Local Resources/Support Groups

- Northwest Compass, Inc.
<http://northwestcompass.org/>
847-392-2344
Mt Prospect - 1300 West Northwest Highway
- Child Support Assistance
<http://www.illinois.gov/hfs/ChildSupport/Pages/default.aspx>
- Children's Advocacy Center of Northwest Cook County
<http://www.cachelps.org/>
847-885-0100
Hoffman Estates - 640 Illinois Boulevard
- The Harbour
<http://theharbour.org/>
847-297-8540
Park Ridge - 1440 Renaissance Drive, Suite 240
- Illinois Abortion
<http://www.illinoisabortion.com/>
866-569-5100
Wood Dale - 203 East Irving Park Road
Downers Grove - 1700 75th Street
Chicago - 2415 South Michigan Avenue



Social Services Referral - Health and Wellness

- Kindred Life Ministries
<http://kindredlifeministries.org/wheeling-il/>
Katie Lehman: 224-280-8286
300 North Schoenbeck Road
- OMNI Youth Services
www.omniyouth.org/
847-353-1500
Wheeling - 212 North Wolf Road
Buffalo Grove - 1111 Lake Cook Road
Arlington Heights - 1616 North Arlington Heights Road
- One Hope United
<http://onehopeunited.org/>
312-922-6733
Chicago - 333 South Wabash Avenue, Suite 2750
- Response Center
<http://www.responsecenter.org/>
847-676-0078
Buffalo Grove - 135 North Arlington Heights Road
Northbrook - 255 Revere Drive
Skokie - 5150 West Golf Road
- Shelter, Inc.
<http://shelter-inc.org/>
847-255-8060
Arlington Heights - 1616 Arlington Heights Road
- Social Security Referral for Baby
800-772-1213
- Township High School District 214
Nurse Pregnancy Coordinator
Joanne Bratta
<http://www.d214.org/district-departments/teen-parenting-program/>
847-718-7600



Social Services Referral - Health and Wellness

National Resources/Hotlines

- American Pregnancy Helpline
<http://www.thehelpline.org>
866-942-6466
 - Baby Safe Haven
<http://safehaven.tv/states>
888-510-2229
 - Birthright International
<http://www.birthright.org>
800-550-4900
 - Crisis Call Center
<http://crisiscallcenter.org/>
800-273-8255 or text CARE to 839863
 - Planned Parenthood
<http://www.plannedparenthood.org>
312-592-6800
800-230-7526
18 South Michigan Avenue, 6th Floor
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Social Services Referral - Health and Wellness

Village Social Worker Services

- **Arlington Heights**
 - James McCalister
 - healthmail@vah.com
 - 847-368-5760

- **Buffalo Grove**
 - Brittany Wilson
 - Police Social Worker
 - bwilson@vbg.org
 - 847-459-2560

- **Wheeling**
 - Michael A. Crotty
 - Assistant Village Manager / HR Director
 - mcrotty@wheelingil.gov
 - 847-499-9091

 - Vicky Kalogris
 - Human Resources Coordinator
 - vkalogris@wheelingil.gov
 - 847-499-9093